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### MARCH 2020

### VOLUME 3.6

Parenting	2
Parishioner Profile: John and Karen Hufford	4
Digital Minimalism	7
Marching together for a radical cause	8
"Do not be afraid!"	10
Calendar	11



# **Family Fitbits**

Sunday series for parents and couples provides encouragement and insight

#### by Nuala Holowicki

You might have noticed some colorful ads for Family Fitbits in the parish bulletin, and wondered what they are all about. No, it's not an exercise program for working off those Sunday donuts!

Family Fitbits is a series of short presentations and discussions on topics of interest to parents and couples. Hosted by Christ the King's Marriage and Family Commission, each session is different, but they all address common challenges from a Catholic perspective. From the outset, we wanted to make Family Fitbits not just helpful for families, but accessible, too! That's why they are on Sunday mornings between the two Masses, and **childcare is available**! You don't need to register ahead of time for either the presentations or childcare.

Once a month, after the 9am Sunday Mass during the coffee and donuts time, you will find us in Room 3 in the Parish Center. Everyone is welcome to grab coffee and a donut, drop the kids off at childcare in Room 2, and join the conversation. If you usually attend the 11am Mass, come a little early and join us.

The sessions are short and informal. They are intended to provide some insight and start a conversation rather than be the last word on a subject. After the presenters have shared, we open things up for questions and comments. People are welcome to share from their own experiences, leading to some very profound conversations.

"We exist to joyfully worship God and carry out the mission of Jesus Christ in the power of the Holy Spirit." -Mission Statement of Christ the King

Continued on page 3

# Parenting

Key to this whole parenting enterprise is the fundamental orientation of the New Testament towards love by Fr. Ed Fride

#### **Recently, I was reflecting**

on the fact that parenting, one of the most crucial dimensions in the lives of our families, is so little addressed by the Scriptures. One might casually assume that the reason was that the folks whose stories are told in the Biblical narratives had it so togetherand everybody understood that-that there was no reason to comment on the dvnamics of parenting, that is, how to raise your kids to be healthy, competent, confident adults who are walking with God. But is that true?

Ironically, many of the parenting examples given in the Scriptures reflect just the opposite. Even though the parents, especially the fathers, may be great men of God, to say that they failed to pass that on to their kids would be something of an understatement. At times we even see them being rebuked by God for this. For example, Eli, the high priest, guardian of the Ark of the Lord, so failed in his relationship with his sons Hophni and Phineas that God rebukes him through the prophet Samuel. But then Samuel receives the same kind of rebuke when the people of Israel come to him to ask for a king because his sons don't walk in his footsteps.



Since our kids automatically assume that God is like their parents, the more they experience the parents' love as a concrete reality, the more they are open to His love, the ultimate goal of parenting.

What of David, the great King? Solomon starts off well but ends up leading the people into idolatry, and he's the best of the lot! How about the 12 sons of the great patriarch Jacob, trying to decide if they should just kill their brother or sell him into slavery? I guess none of this should surprise us, since the First Family itself was marred by brother killing brother.

So where does this leave us? The New Testament addresses parent-child relationships much more directly (e.g., Ephesians 6, Colossians 3, etc.), giving explicit directions to both parents and children in terms of their appropriate relationships with each other. However, far more key to this whole parenting enterprise is the fundamental orientation of the New Testament towards love: love of God, love of neighbor, and love of self are key. How does this apply to parenting?

A great example would be to take I Cor. 13 and directly apply it. For example,

A father is patient and kind; a father is not jealous or boastful; a father (or mother) is not arrogant or rude. A father does not insist on his own way; a father is not irritable or resentful; a father does not rejoice at wrong, but rejoices in the right.

The first goal of parenting is for our kids to experience that they are loved and loved in a way that is meaningful to them. To that end, families doing the Five Love Languages test together might be helpful. If you are trying to love one of your kids in a way that is different from how they receive love, it misses the point. For example, if your son's primary love language is quality time, and you show your love for him with gifts, you are trying to be loving but is he experiencing it in a way that is meaningful to him? (The song "Do You Love

Continued on page 12



Fr. Ed Fride is Pastor of Christ the King.

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# **Family Fitbits**

**Continued from page 1** 

Feedback we have received so far is that people who attend go away encouraged and with fresh insight. Just as important, it helps start a conversation between spouses or with other families. We have a handout at the end of most sessions with some ideas for continuing the conversation or taking some further steps.

Our presenters are fellow parishioners who share about a subject with which they have some experience. For example, in January, Mike and Mary Miklosovic shared how they tackle budgeting and family finances. This is a very common challenge for families. It was heartening to hear how Mike and Mary learned to communicate effectively with each other about finances in a way that strengthened their marriage. We are blessed at Christ the King to have many parishioners of deep faith who have wisdom and experience to share.

Since starting Family Fitbits just over a year ago, we have tackled a range of issues; some relate to parenting, some more to the marriage relationship. Some of the subjects we have covered so far include

- Talking to children about difficult subjects
- Finding peace and balance in the busyness of family life
- Getting on the same page with your spouse about a subject on which you disagree



- Tackling budgeting and finances
- Facing serious trials as a couple

Our next Family Fitbits will be on March 22<sup>nd</sup>. The subject will be, "Should it be this hard?" Roz Dieterich, a longtime parishioner and professional counselor, will talk about those times when you wonder if you need outside help to tackle a specific problem. How do you recognize when you need an outside perspective and where do you

look for help? On April 26<sup>th</sup>, Therese and Randall Cirner will talk about challenges facing families today. As well as being family counselors, Randall and Therese have been involved in Catholic ministry for many years, often speaking at conferences about marriage and family issues. They will offer a faith perspective on what they see as the biggest challenges that families are facing these days. In June we will be doing something a little different. The Marriage and Family Commission will host a dinner at the Parish Center. Tentatively scheduled for Thursday, June 11<sup>th</sup>, it will be from 6 to 8pm; as always, we will provide childcare so parents can come. At the dinner, Tony and Carrie Zahm will follow up on a popular session from last September, when they presented on the topic of reaching a common mind as a married couple. At the June event they will go into more depth about how to make important decisions using a process of consensus and include a short exercise to demonstrate the process. Watch for more information about the dinner in the bulletin.

If you have a question about Family Fitbits or a suggestion for a topic you would like to see addressed, please contact Marriage and Family Commission Chair Nuala Holowicki at marriage@ctkcc.net At the February Family Fitbits, Michèle and Tim Green shared their experience of facing serious trials as a couple. People who attend the Family Fitbits sessions report going away encouraged and with fresh insight. Just as important, it helps start a conversation between spouses or with other families.



Nuala Holowicki is the Chair of the Marriage and Family Commission. She and Dcn. Gerry have been married for 27 years and have two adult children.

Photographs on pages 1 and 3 courtesy of Emily Bachelor.

# Parishioner Profile John and Karen Hufford

The John and Karen Hufford family (I-r): Daniel, Ben, Karen, John, Dominic, Joe, Nina, and Esther. In addition to the normal challenges and joys of parenting, John and Karen have also experienced more extraordinary ones, including the death of a child, adopting a child, and having a child with special needs. As they put it, "It has been a wild ride, but God is always good, and He certainly has taught us about living by faith!"



# Please tell us a little about your family.

We have been married for nearly 27 years, all spent here in Ann Arbor and at Christ the King. We have six living children—Joe (25 years old), Nina (22), Ben (19), Dominic (14), Esther (12), and Daniel (9)—and four who are no longer with us. Right now our oldest is out of college and working, the next two are away at college, and only the youngest three are at home. In some ways it is like we have two families, the "bigs" and the "littles."

### Are there traditions from your families of origin that you specifically wanted to include in your parenting?

**John** Not really. Both of us had powerful "reversion" (to Catholicism) experiences while in college, and so we connected more strongly with the practices and patterns we picked up at that time rather than with those of our childhood. Some of those, for instance, include having personal prayer times, men's/women's groups, night prayer, morning offering, Bible study, Eucharistic Adoration, daily Mass, Liturgy of the Hours, etc. We also homeschool, which differs from our upbringing.

### As you started to have children, what were your expectations, if any?

**John** We were both hoping to have a large family.

Karen I thought it would be easier to have a lot of children. I actually worried we might have more than we could handle, but we had fewer than I originally thought we would. John We had to constantly communicate regarding vision for and expectations of family life. I was a younger child in my family, while Karen was second of a large family, so Karen had much more realistic expectations regarding child behavior and development.

# What have been your chief joys in being a parent?

Karen Seeing each baby for the first time and getting to know them is so amazing! I don't think there is anything that compares to that. I honestly have loved all the ages of childhood, although some stages were very challenging!

John The ultimate joy has been seeing our children turn their lives to the Lord and seeing Him work in them. At

Continued on page 5

THE OPEN DOOR

## Parishioner Profile: John and Karen Hufford

**Continued from page 4** 

this point, our three oldest children have all had to discern fairly major decisions in their adult lives. It has been so great to see them make those decisions maturely and in a God-seeking way.

# What has surprised you as you've raised your children?

There have been many surprises. One of them is how different our children are from each other (and us) in terms of personalities, strengths, and abilities! One is very mechanical and a kinesthetic learner; another is a more bookish, auditory learner. One is very gifted artistically, but can't fathom why math was ever invented, while another is showing an early predilection for philosophy, wanting to define terms and identify how one situation is different from another.

### Your daughter Mara died shortly after birth. How did you help your other children deal with the death of their baby sister?

**John** Mara was diagnosed with significant health issues late in pregnancy with a very uncertain prognosis. Of course, we were shocked and devastated.

Our other children were 9, 6, and 3 at the time. One significant thing we did for them was to face the situation as a family. We were honest with our children regarding the situation (in terms they could understand) and that we needed to trust God in it. We said that we didn't know what was going to happen, but that we knew that God would be with us through it. As a family, we learned about God's faithfulness. There was a flurry of activity as we met with doctors, clergy, support personnel, etc., so normal family life definitely took a hit. But we tried to make a concerted effort to make other times family times. We also received a phenomenal level of support from our friends and family—another lesson that our children learned: provide for those in need. And finally, we learned one promise that we can make to anybody: God is near to the broken-hearted (Ps 34:18)!

Karen Thankfully, we had perinatal hospice, which Janet Holtz was running at the time, and my dear friend Michelle Kazanjian was there to help us at Mara's birth, death, and afterwards. We had so many wonderful friends who also prayed for and supported us during that time. It was very hard, but the grace was there.

### Your son Dominic has a severe disability and requires constant care. How has that impacted your parenting and your children?

John On the one hand, caring for Dominic has resulted in us not being able to do many of the things other families might take for granted: family camping trips, hiking excursions, being all together at some events as a family. On the other hand, Dominic is a blessing in so many ways. He reminds us that, in many ways, we are **all** like Dominic in God's eyes: totally dependent. Also, God does not judge as



people do. Although Dominic looks broken in the world's eyes, in God's eyes, he is close to perfect! In Dominic, God gives us daily opportunities to exercise nearly all the corporal works of mercy, and in doing that, we are serving Christ. Beyond all that, his smile and laugh light up any room—it's almost like Heaven.

Karen Having a child with special needs brings hard things, but also blessings. My kids have a heart for kids with special needs that amazes me. I've also noticed they tend to be less self-centered than I was as a child. I think it's partly because they have helped care for Dominic and also made sacrifices for him, such as staying home from things so one of us could go.

In a lot of ways, Dominic is my "easy" child; he is almost always content and happy. He is sinless, and I don't have to worry about the state of his soul or the choices he might make. I've come to realize that it's just different—not bad or good, but what God is calling me to do. Dominic reminds us that, in many ways, we are all like Dominic in God's eyes: totally dependent. Also, God does not judge as people do. Although Dominic looks broken in the world's eyes, in God's eyes, he is close to perfect!

Photograph courtesy of John and Karen Hufford.

Continued on page 6

# Parishioner Profile: John and Karen Hufford

### Continued from page 5

Recently, John and I have both experienced back issues, which have added some real trials to caring for Dominic because the main challenges at this time are physical (lifting him, changing bedding, etc.). Please say a prayer for complete healing for both of us!

### Now that you have children who are young adults, how have you found your role as a parent changing?

Karen Having young children and older children at the same time is challenging! Our adult children have been very patient with us as we have learned to "let them go" and move into more consultant or advisor roles (when asked). Sometimes I give them advice when they don't ask, if I'm feeling it strongly. I really enjoy the people my children are becoming!

I have definitely grown as an intercessor during the last few years, sometimes praying many Rosaries a day for my kids, but also for many other intentions that are passed to me during the day/night. I think Mary has taught me to be more quiet, listen, and trust more. And pray without ceasing. ©

### Over the years, what have been the greatest supports to you as parents?

Our parish, Mass, Fr. Ed, Religious Education classes, Life Teen (now A1:8), Friday night Pray with someone when they are telling you a concern. I'm so thankful for all the prayers I have received and have been able to pray for others. It is such a blessing to be part of a charismatic community! Karen Hufford

prayer meetings, missions, etc.—these have all had a huge impact on our family. Our friends who have stood by us all these years, and the new ones that we have known less time, bring us so much joy, love, and hope. And tons of laughter!

### Are there any parenting resources that you have found helpful and would recommend to others?

We loved the Ames & Ilg books (*Your X Year Old*). They have a book for each year of childhood that explains all the stages of that year. Readaloud books have also really helped with our parenting: we can talk with our children about many issues that happen in the books.

**Karen** I remember one time after we lost Mara and I was holding Dominic. I told Michelle Hufnagel that I had a fear of him dying, and it was really bothering me. She right then prayed over me in the Domino's parking lot. The fear left me and didn't return.

I think if I was going to say anything to CTK people I would encourage them to be like that! Pray with someone when they are telling you a concern. I'm so thankful for all the prayers I have received and have been able to pray for others. It is such a blessing to be part of a charismatic community!

### If there was one thing that you could say to people reading this interview, what would it be?

Karen Pray more, trust more, worry less, if at all. That pretty much sums up what the Lord has been teaching me over the last 20 years—and I'm a slow learner sometimes! ©

Enjoy your children! They are the best gifts we have ever received. Have fun with them and make sure you connect with them. Some are easy to connect with, others take us out of our comfort zone, but take the time and effort to do this. You'll be glad you did!

John Remember, God is good all the time, and all the time, God is good. And take care of each other. When hard times hit, it is important to have a positive balance in the emotional bank account.

# **Digital Minimalism**

If these technologies can overwhelm and hinder the thinking and activity of fullyformed adults, how much more so with adolescents?

#### by John M. De Jak

Editor's note: This article is reprinted with the permission of Mr. De Jak from an email that was sent to parents of students at Father Gabriel Richard High School, Ann Arbor.

Since the beginning of the academic year, I've become more and more interested in the message of Cal Newport. Cal, a Millennial, is a professor of computer science at Georgetown University and has advocated "digital minimalism" as a way to achieve a more focused and—quite frankly—a happier life. He has written several books and has conducted a number of interviews discussing his ideas on the topic. I was introduced to his work by Prof. Dan Mcinerny of Christendom College, who was extolling the virtue of this "digital minimalism" as we had a few beers amidst the bucolic surroundings of a late summer Shenandoah Valley evening.

For a while now, I have noticed in my own life how both social media and the internet itself are more of a hindrance than a help to real thought, the ability to maintain sustained reading, and cultivating real relationships. Social media, by its very nature, is designed to be addictive; it is designed to deprive one of freedom. I'm not sure at what point in the last decade that this reality hit me—maybe it was when my wife was hitting me, trying to draw my attention away from my phone!—but it has

been a process for me to actually have a bit of intestinal fortitude and take the step to "detox" from the digital world. I deep-sixed both my Face-



book and Twitter accounts, and life has been much happier and more peaceful. (I still have the bad habit of checking the phone all the time to see the latest email or text that comes in... Believe me, I'm still a work in progress!)

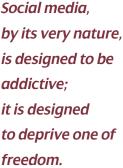
I've thought a lot about this especially as the addictive qualities of the digital world can truly hinder the development of our students as they "learn to learn." If these technologies can overwhelm and hinder the thinking and activity of fully-formed adults, how much more so with adolescents who are learning how to think and exercise self-control!

Bolstering Cal Newport's work and anterior to it is Nicholas Carr's book The Shallows: What the Internet is Doing to Our Brains (2011), which draws, in part, upon the research of Dr. Bruce Friedman, a pathologist at the University of Michigan Medical School. In his book, Carr speaks of his ability

to read and the difference in reading a book vs. reading something online:

To read a book silently required the ability to concentrate intently over a long period of time, to lose oneself in the pages...In the quiet spaces opened up by the prolonged, undistracted reading of a book, people made their own associations. drew their own inferences and analogies, fostered their own ideas. They thought deeply as they read deeply...[W]hen we go online, we enter an environment that promotes cursory reading, hurried and distracted thinking and superficial learning.

These are some things worth thinking about. If we want true freedom, less anxiety (both for ourselves and our kids), the ability to focus, true intellectual depth, and real friendships, we would do well to unplug.





John M. De Jak, an attorney, teacher, and author, is President of Father Gabriel Richard High School in Ann Arbor. He and his wife Ann and their eight children live in Saline.

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# Marching together for a radical cause

*By marching on this Friday in January, I was part of something so much bigger than myself, something of the utmost importance* 

by Judah Thomason

It felt like I knew these people. We weren't there on our own anymore, but with the whole Body of Christ



#### This year on the annual

*March for Life*, Christ the King and many other parishes, youth groups, and schools made the trip to Washington D.C. It is always a wild ride, with high schoolers filling a bus that holds about 60 people, all crammed together for roughly a 10-hour ride.

Previously, I had gone with Fr. Gabriel Richard High School on their "Red-Eye" trip, driving through the night to D.C. and back. Having red eyes was the least problematic of the repercussions of this trip. Most people averaged 0-4 hours of sleep, had a crick in their neck and/or back, were either freezing or sweating for most of the time, and didn't eat an actual meal for 24 hours. This was the fun of the trip, a true adventure and pilgrimage to the capital of our country for the defense of human life. Personally, it brought me extreme joy and I loved going.

So when this year's March came around, although I am no longer in high school, I hoped that I could find a way to go. At the last minute, I learned that John Hoving, our beloved Youth Minister, was taking people on the Lansing Diocesan bus. I offered my assistance, telling John that I would love to be a pseudo-chaperone. Although I wasn't 21 yet, I could offer my "big sister" skills by counting heads and keeping the kids in line. <sup>(2)</sup> He accepted my offer and said that this time, it wasn't a Red-Eye trip, but we would get to stay at Catholic University in Washington D.C. for the night.

Two of my sisters, Eva (17) and Mira (14), came with me. As we packed our backpacks the night before, we stuffed them with granola bars, beef jerky, and an extra outfit; we grabbed sleeping bags as well. We made sure to set an alarm, which abruptly woke us six short hours later at 5am. After boarding the bus, we had a long ride full of fun conversations, snacks, and praying for the unborn.

When we got to downtown DC, there were newscasters and cameras everywhere. People were posting on social media and our diocese was making a video as well. This trip was the first time that I noticed that the media was so involved.

It opened my eyes to the revolution that is happening. By marching on this Friday in January, I was part of something so much bigger than myself, something of the utmost importance. I loved being in a crowd of hundreds of thousands of people, all fighting for a radical cause. Not one part of me cringed, although I was elbow to elbow with strangers. It felt like I knew these people. We weren't there on our own anymore, but with the whole Body of Christ and with many other supportive people all in one place for one day. These people amazed me, and they didn't even know it!

Continued on page 9

Photographs courtesy of Judah Thomason

### Marching together for a radical cause

#### Continued from page 8

This is my first takeaway from the trip and it still touches me although I've been three times: The power we have as a Church, as a generation, and as a human race is incredibly strong and very beautiful. When I heard the chants,

### "Hey Hey! Ho Ho! Roe v Wade has got to go!"

### "We are the Pro-Life Generation!"

I was struck by the fact that five hundred thousand people were saying that—no matter the race, age, or even religious background—every life is worth saving, every mother is worth protecting, and every human right is worth marching for.

When we heard President Trump's speech, we came away with phrases in our head that he had preached:

### "You are the Pro-Life Generation. We have been waiting for so long, but now is the time."

### "Every human born and unborn was made in the image of the Almighty God."

Those are powerful words to hear the leader of your country say. I found myself more passionate than before, ready to march and pray for my brothers and sisters in the womb.

**People were moving** down the streets, and it was time to jump into the march.

I was in charge of keeping an eye on a group of three freshman boys, one sophomore, and a few others, including a few juniors and two seniors. Then, all of a sudden, the boys were gone. Just like that! Poof! I tried not to be anxious as I jumped around searching heads and telling the rest of my group to stay together so that I could go back through the crowd and find them.

I thought of their mothers when we got back, wondering why we didn't bring them home, and I would have to tell them that their kids were in DC somewhere buying red, white, and blue hats from the stands and snacking on hotdogs and cotton candy.

I thought about how much I loved these boys, close family friends who had big hearts and whom I wished to keep safe. With all my big-sister instincts, I would do anything to keep them safe.

I thought about how God loved these kids more than I or their parents ever could. At that moment, He gave me just a little bit of His huge Heart for His children. Restlessly, He searches for us through a crowd and frantically yells and wishes us to come near to His Heart. He wishes to be our place of protection. He even already knows where we are (the one thing this analogy was lacking—I had no idea where these little punks were!). I found myself having that same passion for



the unborn boys and girls who I didn't know but loved already.

We ended up finding the boys. Everyone was on the bus safely, and I didn't have to tell anyone's parents that their kids were still in D.C.

I offer you this takeaway from my trip to this year's March For Life:

The children in the womb are God's beloved. He is grievously upset about their deaths, and He is radically thankful when we defend them. If that's not enough of a passion for you to defend lives here in Ann Arbor, I don't know what is.

I pray that each of us grows in the passion of being the Pro-Life Generation and does everything we can to protect life.

The children in the womb are God's beloved. He is grievously upset about their deaths, and He is radically thankful when we defend them. If that's not enough of a passion for you to defend lives here in Ann Arbor, I don't know what is.



Judah Thomason is 18 and currently in a gap year internship with Be Love Revolution, a young girls' discipleship ministry through Renewal Ministries. She plans to attend college next year and get her degree in Youth Leadership or Teaching.

# *"Do not be afraid!"—*St. John Paul the Great

Our children want to hear more about sexuality and purity, and they want to hear it from us. But we don't have to do it alone. by Julia Hoving

### SAVE THE DATES!

2020 Christ the King "Growing Up" Programs: Father/Son: Saturday, June 6, 1-4pm

Mother/Daughter: Sunday, June 7, 1-4pm



Julia Hoving with her husband John offers the "God's Plan for Growing Up" program each year at Christ the King. Julia and John are also certified instructors in Natural Family Planning. They are expecting their eighth child in August.

### Recently, I was driving with my high school daughter to a college visit, and I casually asked, "Are there any topics you wish we had talked about more?... Any suggestions for us as we're parenting the other kids?" She replied, "I wish you would have talked more about purity and those issues."

This made me chuckle. After all, we've hosted and taken our kids to many events over the years specifically on sexuality and purity. We've taught natural family planning in our house more times than I can count. Add in the late night talks, casual conversations.... She even gives talks for girls on these issues! But still, what she said was very valid. She wanted to hear more, and she wanted to hear it from us.

This is really the heart of the Mother/Daughter and Father/ Son programs: to let our children know we are there for them and willing to talk about complex and culturally confused issues related to God's plan for growing up. This includes physical changes that will happen through puberty, the gift of our sexuality, navigating relationships, and growing in virtues that help us mature into adulthood. Geared for "tweens" 10-14 years old, these events open the door to conversations that will continue for years to come.

Yet, as great as these events are, they are not a "one and done" deal. As my daughter reminds me. teens want to understand these issues thoroughly. They want to know why and how, when and why not.

But fear not, overwhelmed and slightly scared parent friends! We don't have to answer all those questions in one



sitting, or even on our own! I've been so grateful for Fr. Mike Schmitz and others whose YouTube talks we can watch with our middle and high schoolers, explaining Catholic wisdom on sexual issues and the even more important discussions that follow.

For those of you with little ones, you can start these conversations now! For example, when you see a pregnant woman, it might go something like this, "Yes, a tiny egg from the mom and even tinier sperm from the dad have joined and the miracle of a new baby is growing inside that mom!" For

the extra curious kid, you might need to add, "When the baby's ready to be born, God planned a special opening on the mom's body where he or she will come out. That's how you were born, too."

Honestly, I believe answering the little kid questions very frankly with simple but direct answers lays a great foundation for the middle school years and beyond when every issue comes loaded with societal agendas to debunk as well. The more clearly we can articulate God's original plan for permanent, life-giving marriage and family life, the easier it is for our children to see how doing things apart from God's plan leads to more suffering and brokenness... but in God's great goodness, He offers restoration and healing, too.

If we can get one critical message to our children at every age, I believe it should be this:

Your body is good and beautiful and should be honored and respected. Your body serves an important role in expressing authentic love in all your relationships.

And, as St John Paul the Great explains, this is actually the meaning of our existence.

We can do this, parents! "Do not be afraid!"

Schedule of Major Events

- 3/6-8: A1:8 Spring Retreat
- 3/7: First Saturday Holy Hour
- 3/8: Diocesan Services Appeal begins
- 3/13: Upper Room
- 3/14-15: Stephen Ministry commissioning at all Sunday Masses
- 3/27: Upper Room & Upper Room Kids' Series
- 3/28: Four Levels of Happiness event at Fr. Gabriel Richard High School
- 4/2-4: Parish Mission

For more information about these and other events, check the bulletin or go to www.ctkcc.net.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Mar. 1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	Apr. 1	2	3	4

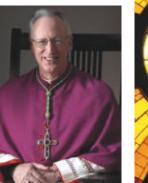
# Save the Dates!

Holy Week and Triduum of the Passion, Death, and Resurrection of Our Lord Jesus Christ Sunday, April 5, through Sunday, April 12

Liturgy schedule to be announced soon.

Confirmation Mass with Bishop Earl Boyea Thursday evening, April 30 Please pray for our students as they prepare to be sealed with the Holy Spirit. Pentecost Vigil Mass

Saturday evening, May 30 Make plans now to join us for this awesome celebration of the outpouring of the Holy Spirit, both 2,000 years ago and today!





Check future bulletins for more details about these great events!

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#### Coming in future issues...

- Our Charismatic identity
- Welcome!

Look for this and more in future issues of

# The Open Door

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We welcome your comments. Please send them to Theresa Hofer at thofer@ctkcc.net. The Open Door is the monthly newsletter of Christ the King Catholic Church.

Parenting

#### **Continued from page 2**

Me?" between Tevye and his wife, Golde, in Fiddler on the Roof might be a helpful illustration of this.)

#### Loving your kids in the way

that they most experience being loved is the goal. The sons and daughters that concretely experience the love of their parents tend to have better self-images which results in them making

better choices. Of course, since our kids automatically assume that God is like their parents, the more they experience the parents' love as a concrete reality, the more they are open to His love, the ultimate goal of parenting.

"The most important thing a father can do for his children is to love their mother."

<u>Fr. Theodore Hesburg</u>l