

Day 5- Wednesday of Holy Week: Jesus is determined to obey the Father, all the way to the Cross

Proclamation: Jesus went through great suffering during his passion and death. He was completely obedient to the Father and he did it all for me. I will thank Jesus for this great gift and practice obedience too.

Scripture: Isaiah 50:4-9 (first reading from daily Mass, Wednesday of Holy Week)

The Lord God has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them. Morning after morning he opens my ear that I may hear; and I have not rebelled, have not turned back. I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting. The Lord God is my help, therefore I am not disgraced; I have set my face like flint, knowing that I shall not be put to shame. He is near who upholds my right; if anyone wishes to oppose me, let us appear together. Who disputes my right? Let him confront me. See, the Lord God is my help; who will prove me wrong?

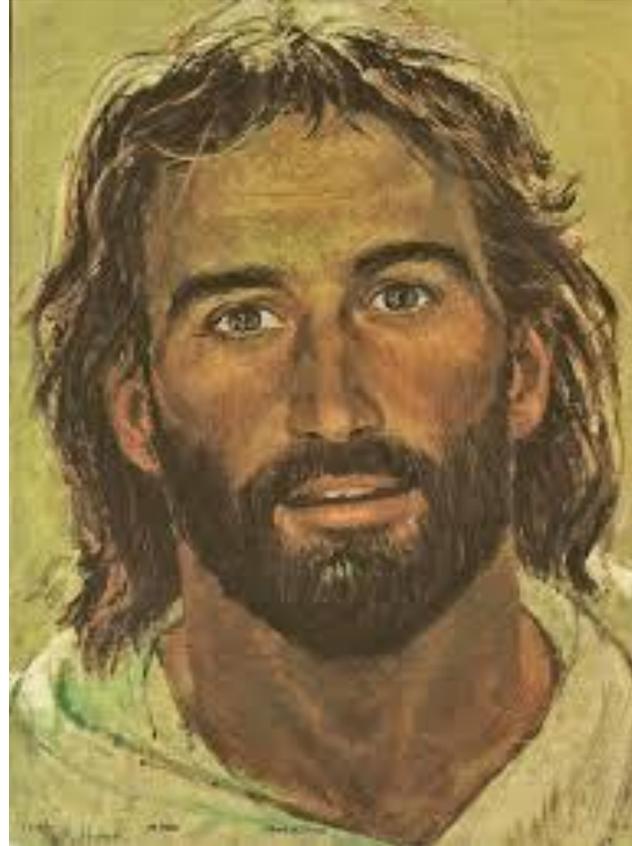
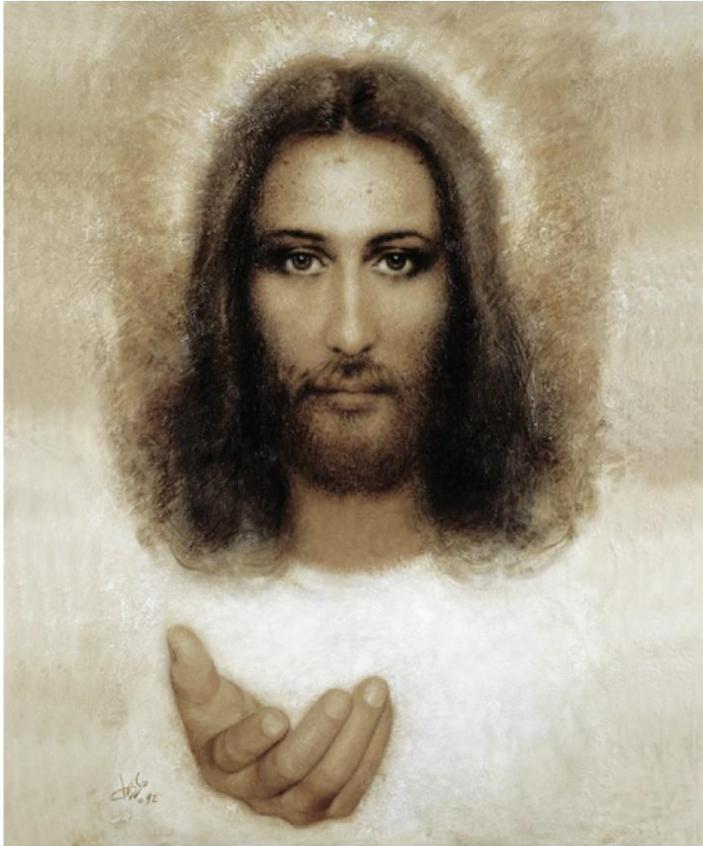
Reflection: In this Scripture we are reminded that the Lord endured beating, spitting, and pain because of his great love for us. Think for a moment of how great that love is, that someone would die for you. What would you like to say to Jesus? And what would you like to *do*? Here is an idea: first take some time to thank and praise Jesus. Thank him for all of the suffering he went through for you. Next, take a moment of silence and listen to what Jesus is saying to you. You can ask him to speak to you and he will! You could ask him if there is someone in your family who needs some extra love from you. Or someone you need to obey. When you do this you will be doing what Jesus did.

Praise and Worship Songs: [I WILL FOLLOW](#) Chris Tomlin

[HOW DEEP THE FATHER'S LOVE](#) Fernando Ortega [LEAD ME TO THE CROSS](#) Hillsong

[O, BE CAREFUL, THE WISE MAN AND FOOLISH MAN](#) - Wee Sing

Visio Divina: (praying with sacred art) Prayerfully look at the two images of Jesus. Use the ideas in the textboxes to help you.



Prayer:

Dear Jesus, thank you for all you suffered on the way to the cross. I know you did it for love of me. Help me to think of you often and remember to love others. Amen.

Look at the two images:

- ✓ How do they show Jesus' love for you?
- ✓ How do they show how he is calling you?

Think about:

- ✓ How much does Jesus loves you?
- ✓ How is Jesus calling you?

Application:

- ✓ How can you show Jesus' love to others?
- ✓ In what ways can you listen to him?

Hints:

- ✓ Start simple
- ✓ Know that he is calling you to live with him in love

Activity – Remember how much Jesus loves you and how he obeyed God the Father in all things. Draw a picture of you doing something to obey God.

I will obey God. I will _____.

This is a picture of me obeying.

